

Young, "The Treatment of Homosexuals in Heterogeneous Groups," **International Journal of Group Psychotherapy**, 21 (1971), 62-73.

3834. JOHNSGARD, KEITH W., and RAY M. SCHUMACHER. "The Experience of Intimacy in Group Psychotherapy with Male Homosexuals," **Psychotherapy: Theory, Research and Practice**, 7 (1970), 173-76.

In working with college students to assist them in adjusting to their own homosexuality, it was found that "growth occurs in a therapeutic environment where more than one therapist is involved and where emphasis is placed on increased therapist and client transparency in immediate emotional confrontation."

3835. ROGERS, CARL, et al. "Group Therapy with Homosexuals: A Review," **International Journal of Group Therapy**, 26 (1976), 3-27.

In a comprehensive review of the clinical literature, a "favorable outcome" was found in almost all cases whether the goal was one of achieving a change in sexual orientation or a reduction in the associated problems.

3836. SCOTT, JAMES M. and KENNETH N. ANCHOR. "Male Homosexual Behavior and Ego Function Strategies in the Group Encounter," **Journal of Clinical Psychology**, 33 (1977), 1079-84.

Analyzes characteristic patterns of interaction in a group treatment context according to both psychodynamic and behavioral criteria.

3837. TRUAX, RICHARD, and GARFIELD TOURNEY. "Male Homosexuals in Group Psychotherapy: A Controlled Study," **Diseases of the Nervous System**, 32 (1971), 707-11.

Contents that group work is efficacious in overcoming the homosexual's defense mechanisms of isolation, rationalization, and denial.

3838. WALKER, CAROLYN B. "Psychodrama: An Experiential Study of Its Effectiveness within the Homosexual Society," **Group Psychotherapy and Psychodrama**, 27 (1974), 83-97.

As an instrument of personal growth, psychodrama permits the homosexual to be his private, real self and to face roles and situations to which a successful adjustment has not been made.

J. RELIGIOUS AND RELATED "CURES"

From the first appearance of psychotherapy as an organized discipline in North America, a certain affinity with established religion was evident. Both fields take upon

themselves the "care of souls." In recent years some religionists, many of them fundamentalists, have claimed the capacity to effect lasting sexual reorientation. However, the validity of these claims has been sharply questioned as a result of follow-up studies.

3839. AARON, WILLIAM (pseud.). **Straight: A Heterosexual Talks about His Homosexual Past.** Garden City, NY: Doubleday, 1972. 217 pp.
In this popular autobiographical work the writer perceives his past as empty and futile.
3840. BLAIR, RALPH. **Ex-gay.** New York: Homosexual Community Counseling Center, 1982. 50 pp.
A vigorous and well-informed critique of ostensible "cures" achieved by the Christian right, and the manipulation of reports of them for ideological purposes.
3841. EYRICH, HOWARD A. "Help for the Homosexual: The Case for Nouthetic Help," **Journal of Pastoral Practice**, 1:2 (1977), 19-33.
Contents that as a learned behavior, homosexuality can be overcome through sympathetic "nouthetic counseling."
3842. GIL, V. E. "Homosexuality: A Reparative View," **Social Work and Christianity**, 11:2 (1984), 10-28.
Rejecting the idea that a homosexual orientation is "unchangeable," the author presents a reparative model to point the individual to Jesus as the definitive answer to external anxiety.
3843. KRANZ, SHELDON. **The H Persuasion: How Persons Have Permanently Changed from Homosexuality through the Study of Aesthetic Realism.** New York: Definition Press, 1971. 136 pp.
Personal testimonies of individuals who claim to have achieved permanent reorientation through techniques evolved within a metaphysical system (regarded by some as a personality cult) founded by Eli Siegel.
3844. PATTISON, E. MANSELL and MYRNA L. PATTISON. "Ex-gays: Religiously Mediated Change in Homosexuals," **American Journal of Psychiatry**, 137 (1980), 1553-62.
Discusses eleven men purported to have changed sexual orientation from exclusive homosexuality through participation in a pentacostal church fellowship. The claims were sharply criticized in the subsequent discussion, *ibid.*, 138 (1980), 852-53.
3845. PERON, JIM. **Homosexuality and the Miracle Makers.** Glen Ellyn, IL: The author, 1978. 20 pp.
Seeks to show that the "cures" promised by various religious groups are not lasting or significant.

3846. PHILPOTT, KENT. **The Third Sex? Six Homosexuals Tell Their Story.** Plainfield, NJ: Logos International, 1975. 208 pp.
 Testimonies of changed lives, biblical passages concerning homosexuality, and guidelines for counseling homosexuals "toward freedom in Christ." See also his: **The Gay Theology** (Plainfield: Logos, 1977; 194 pp.).
3847. POWELL, JOHN R. "Understanding Male Homosexuality: Developmental Recapitulation in a Christian Perspective," **Psychology and Theology**, 2:3 (1974), 163-73.
 Recommends the concept of developmental recapitulation, linked to biblical teachings, as a means of guiding therapy.
3848. STRONG, STANLEY R. "Christian Counseling with Homosexuals," **Psychology and Theology**, 8 (1980), 279-87.
 Presents a theological rationale and a therapeutic method for helping homosexuals change orientation through "trusting in the power of the Holy Spirit."

K. SEX THERAPY

The increased understanding of the mechanisms of coitus achieved by Masters and Johnson encouraged many therapists to address the problem of sexual dysfunction. Most of this work concerns heterosexual couples, though a few therapists have addressed themselves wholly or partly to homosexuals.

3849. EVERAERD, WALTER, et al. "Treatment of Homosexual and Heterosexual Sexual Dysfunction in Male-Only Groups of Mixed Sexual Orientation," **Archives of Sexual Behavior**, 11 (1982), 1-10.
 Reports considerable success with subjects who were regarded as hard to treat, having had a sexual dysfunction averaging six years.
3850. GUTSTADT, JOSEPH P. "Male Pseudoheterosexuality and Minimal Sexual Dysfunction," **Journal of Sex and Marital Therapy**, 2 (1976), 297-302.
 When the patient can be helped to a comfortable acceptance of his homosexual feelings, very often the dysfunction is relieved, and there is a marked change in the ability of the individual to achieve gratification in genuine heterosexuality.
3851. KAPLAN, HELEN SINGER. **The Evaluation of Sexual Disorders: Psychological and Medical Aspects.** New York: Brunner/Mazel, 1983. 352 pp.
 A comprehensive work divided into three major sections.

The first section, on psychological aspects, emphasizes that it is important clearly to separate organic and psychogenic causes. Section Two analyzes the medical elements involved in sexual disorders. Section Three offers a combined, integrative approach. See also her: **Disorders of Sexual Desire; and Other New Concepts and Techniques in Sex Therapy** (New York: Simon and Schuster, 1979; 238 pp.).

3852. McWHIRTER, DAVID P., and ANDREW M. MATTISON. "The Treatment of Sexual Dysfunction in Gay Male Couples," **Journal of Sex and Marital Therapy**, 4 (1978), 213-18.

Reports encouraging results in a two-year experience in treating sexual dysfunction in 22 gay male couples. See also their: "Treatment of Sexual Dysfunction in Homosexual Male Couples," in: S. R. Leiblum and L. A. Pervin (eds.), **Principles and Practice of Sex Therapy** (New York: Guilford Press, 1980), pp. 321-45.

3853. MASTERS, WILLIAM H., and VIRGINIA E. JOHNSON. **Homosexuality in Perspective**. Boston: Little, Brown, 1979. 450 pp.

After their two major studies of heterosexuals, the noted sex researchers undertook a laboratory study of the sexual functioning of male and female homosexuals. It was found that homosexual couples tend to understand each other's sexual needs better than heterosexual ones. There was no difference in sexual response between the two groups. The book presents a therapeutic program for treating homosexual dysfunction and dissatisfaction. Some doubts have been raised about claims for reorienting homosexuals to heterosexuality, though in fairness it must be noted that this was not the study's main purpose.